



MANUAL	HHSC UNIFORM MANAGED CARE MANUAL	15.3	1 of 7
CHAPTER TITLE	Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	EFFECTIVE DATE	
		August 1, 2015	
		Version 2.0	

DOCUMENT HISTORY LOG

STATUS ¹	DOCUMENT REVISION ²	EFFECTIVE DATE	DESCRIPTION ³
Baseline	2.0	August 1, 2015	Initial version of Uniform Managed Care Manual Chapter 15.3, "Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements." Chapter 15.3 applies to contracts issued as a result of HHSC RFP numbers 529-06-0293, 529-10-0020, 529-12-0002, 529-13-0042, and 529-15-0001; and to Medicare-Medicaid Plans (MMPs) in the Dual Demonstration.

¹ Status is represented as "Baseline" for initial issuances, "Revision" for changes to the Baseline version, and "Cancellation" for withdrawn versions.
² Revisions are numbered according to the version of the issuance and sequential numbering of the revision—e.g., "1.2" refers to the first version of the document and the second revision.
³ Brief description of the changes to the document made in the revision.



MANUAL	15.3	2 of 7
HHSC UNIFORM MANAGED CARE MANUAL	EFFECTIVE DATE	
CHAPTER TITLE	August 1, 2015	
Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	Version 2.0	

Applicability of Chapter 15.3

This chapter applies to Managed Care Organizations (MCOs) participating in the STAR, STAR+PLUS, and STAR Health Programs. References to “Medicaid” or the “Medicaid Managed Care Program(s)” apply to the STAR, STAR+PLUS (including the Medicare-Medicaid Dual Demonstration), and STAR Health Programs. The term “MCO” may include health maintenance organizations (HMOs), exclusive provider organizations (EPOs), insurers, Medicare-Medicaid Plans (MMPs), and any other entities licensed or approved by the Texas Department of Insurance. The requirements in this chapter apply to all programs, except where noted.

Introduction

All providers (including local mental health authorities and non-local mental health authorities) delivering mental health rehabilitation and mental health targeted case management must undergo the training outlined in this chapter before delivering services, with the exception of training for the wraparound planning process. Providers may begin delivering services before completing wraparound training if they demonstrate evidence of registering for the next available session. MCOs must ensure provider compliance with this training on at least an annual basis. Provider attestation is an acceptable method to demonstrate compliance. Some Substance Abuse and Mental Health Services Administration (SAMHSA) trainings required in this chapter includes an individual or group format training component, which requires provider staff to become versed in the SAMHSA modules and to administer training to other staff. While providers may deliver services to children, adults, or both, managed care organizations must ensure providers have attested to completing all training applicable to the population being served. In the instance that multiple training formats are available, providers may choose one format (i.e. DVD or in-person training) and are not required to complete training in multiple formats.

Any provider personnel that deliver mental health rehabilitative services or mental health targeted case management services must complete the training requirements outlined in this chapter. Additionally, any personnel supervising clinicians delivering these services must complete these training requirements. MCOs must ensure all providers that have executed contracts with MCOs before August 1, 2015 complete these training requirements by August 1, 2016. Any providers that execute contracts with MCOs on or after August 1, 2015 must complete training requirements outlined in UCMC Chapter 15.3 before delivering any mental health rehabilitation and mental health targeted case management services.



MANUAL	15.3	3 of 7
CHAPTER TITLE	EFFECTIVE DATE	
Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	August 1, 2015	
	Version 2.0	

Assessment Resources

Providers delivering services to children must be trained in using the Child and Adolescent Needs and Strengths (CANS) assessment, and providers delivering services to adults must be trained in the Adult Needs and Strengths (ANSA) assessment.

All clinical and supervisory staff must receive training and certification on the CANS and ANSA from www.CANSTRAINING.com. \$10 coupon codes to take the training may be purchased by contacting John Lyons, PhD (jlyons@chapinhall.org) or Lauren Schmidt (lschmidt@chapinhall.org).

Adult Mental Health Training

All providers delivering services to adults must complete the following SAMHSA training programs:

1. Illness Management and Recovery (IMR)

<http://store.samhsa.gov/product/Illness-Management-and-Recovery-Evidence-Based-Practices-EBP-KIT/SMA09-4463>

2. Assertive Community Treatment (ACT)

<http://store.samhsa.gov/product/Assertive-Community-Treatment-ACT-Evidence-Based-Practices-EBP-KIT/SMA08-4345>

3. Individual Placement and Supports (IPS) Supported Employment (SE)

<http://store.samhsa.gov/product/Supported-Employment-Evidence-Based-Practices-EBP-KIT/SMA08-4365>

4. Permanent Supportive Housing (PSH)

<http://store.samhsa.gov/product/Permanent-Supportive-Housing-Evidence-Based-Practices-EBP-KIT/SMA10-4510>

Children's Mental Health

All providers delivering services to children must complete the following trainings:

1. Social Skills and Aggression Replacement Techniques (START)



MANUAL		
HHSC UNIFORM MANAGED CARE MANUAL	15.3	4 of 7
CHAPTER TITLE	EFFECTIVE DATE	
Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	August 1, 2015	
	Version 2.0	

All staff must attest to have attended an in-person training or to have viewed the complete DVD series.

In-person training may be obtained through the following resources.

- Behavioral Institute for Children and Adolescents
Sheldon Braaten, Ph.D.
Behavioral Institute for Children and Adolescents
1711 County Road B West, Suite 110S, Roseville, Minnesota 55113
Phone: 651-484-5510
Email: info@behavioralinstitute.org
<http://www.behavioralinstitute.org/S.T.A.R.T.php>
- G&G Consultants
Barry Glick, Ph.D.
106 Acorn Dr. Scotia, New York 12302
Phone 518-229-7933
Email: artgang01@gmail.com
- Mark Amendola
Perseus House
1511 Peach Street, Erie, Pennsylvania 16501
Phone 814-480-5900, ext. 288;
E-Mail: mamendola@perseushouse.org
- EPIS Center
Pennsylvania State University
<http://www.episcenter.psu.edu/ebp/ART>
- Centralized Training Infrastructure
www.centralizedtraining.com

DVD training may be obtained through the following resources:

- <https://www.researchpress.com/books/408/aggression-replacement-training-video>
- <http://www.amazon.com/Aggression-Replacement-Comprehensive-Intervention-Aggressive/dp/B00AFJKPWE>



MANUAL	HHSC UNIFORM MANAGED CARE MANUAL	15.3	5 of 7
CHAPTER TITLE	Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	EFFECTIVE DATE	
		August 1, 2015	
		Version 2.0	

2. Preparing Adolescents for Young Adulthood (PAYA):

The toolkit and PAYA Modules are listed below. All staff must attest to have read each of the modules.

- Youth In Transition (PAYA) Tool Kit:
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Introduction.pdf>
- Module 1: Money , Home and Food Management
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%201%20MONEY,%20HOME%20AND%20FOOD%20MANAGEMENT.pdf>
- Module 2: Personal, Health, Social and Safety Skills
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%202%20PERSONAL,%20HEALTH,%20SOCIAL%20AND%20SAFETY%20SKILLS.pdf>
- Module 3: Education/Employment/Career Tools, Skills and Strategies
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%203%20EDUCATION%20EMPLOYMENT%20CAREER%20TOOLS,%20SKILLS%20AND%20STRATEGIES.pdf>
http://www.casey.org/media/CLS_ResourceGuides_subdocs_PAYAModule3.pdf
- Module 4: Housing, Transportation and Community Resources
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%204%20HOUSING,%20TRANSPORTATION%20AND%20COMMUNITY%20RESOURCES.pdf>
- Module 5: Young Parents Guide
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%205%20YOUNG%20PARENTS%20GUIDE.pdf>
- Module 6: Household Management Activities
<https://www.dshs.wa.gov/sites/default/files/BHSIA/dbh/documents/Module%206%20HOUSEHOLD%20MANAGEMENT.pdf>

3. Seeking Safety

All staff must attest to have attended an in-person training or to have viewed the complete DVD series.



MANUAL		
HHSC UNIFORM MANAGED CARE MANUAL	15.3	6 of 7
CHAPTER TITLE	EFFECTIVE DATE	
Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	August 1, 2015	
	Version 2.0	

Materials can be found:

- <http://www.treatment-innovations.org/seeking-safety.html> (navigate to "training" link for in-person training, or navigate to "training items" for the 4-DVD series).
- Centralized Training Infrastructure:
www.centralizedtraining.com

4. Nurturing Parenting Program - Tertiary Treatment Protocols:

All staff must attest to have attended an in-person training.

Training resources can be found here:

- Nurturing Parenting national website:
<http://nurturingparenting.com/ecommerce/category/1:3/>
- <http://www.texasnurturingcenter.org/>
- Centralized Training Infrastructure:
www.centralizedtraining.com

5. Barkley's Defiant Child/Defiant Teen

Training and materials can be found here:

- <http://www.russellbarkley.org/index.html>
- <http://adhdlectures.com/>
- <http://www.guilford.com/books/Defiant-Children/Russell-Barkley/9781462509508>

6. Wraparound Planning Process

Additional information about wraparound training can be found by contacting the Texas Institute of Excellence in Mental Health at the University of Texas at Austin or navigating to this website: <http://www.txsystemofcare.org/wraparound/>



MANUAL		
HHSC UNIFORM MANAGED CARE MANUAL	15.3	7 of 7
CHAPTER TITLE	EFFECTIVE DATE	
Mental Health Targeted Case Management and Mental Health Rehabilitative Services Training Requirements	August 1, 2015	
	Version 2.0	

To schedule in-person training, please contact:

- Rebecca Marquez M.Ed., BSW
Wraparound Implementation Specialist
Texas Institute for Excellence in Mental Health
Center for Social Work Research
The University of Texas at Austin
Office: (512) 232 0613
Email: Rebecca.Marquez@austin.utexas.edu
- wraparound@txsystemofcare.org